



BBL Post Treatment Instructions

1. Some redness after the treatment is normal and should resolve in a few hours.
2. Cold packs, aloe vera, or any other cooling preparation may be used to ease temporary discomfort.
3. Avoid prolonged hot baths for the first 1 or 2 days. Quick, warm showers are recommended.
4. Strenuous aerobic exercise, use of saunas and hot tubs should be avoided for 24-48 hours.
5. Some of the treated pigmented lesions will darken at first and then fade and flake off at a later stage.
6. You will be sensitive to ultra-violet light after treatment and you must avoid direct sun exposure until fully healed (approximately 4 weeks before and after treatment). A total sun block, not a sunscreen, should be applied if it is impossible to comply. If further treatment is needed a **commitment to stay out of the sun is necessary**. Sun exposure may cause certain complications (possibility of blistering and/or hyperpigmentation).
7. If the skin is broken or a blister appears, apply an antibiotic ointment **and notify us**.
8. Makeup can be applied as long as the skin is not broken. Makeup can also serve to protect the skin from sun exposure.
9. If you have any questions or concerns, please contact us without hesitation.

During office hours call 501-224-3223 or after hours call 501-831-3731.