



BBL Age/Brown Spots Pre-Treatment Instructions

1. BBL is used to reduce the appearance of age/brown spots.
2. Multiple treatments are usually needed to achieve desired results. Usually 3 to 5 treatments spaced 2 to 4 weeks apart.
3. The BBL light pulse is often described as a wave of heat with the sensation of a pinprick.
4. Treated lesions may appear darker during the initial stages of treatment. This is a positive sign that the treatments are effective. They will fade and flake off at a later stage.
5. Avoid sun exposure, tanning beds and sunless tanning lotions for 2-3 weeks prior to and throughout the course of your BBL treatments. **It is important that your skin remains its natural color without any tanning.**
6. In order to avoid tanning, a broad spectrum (UVA/UVB) sun block with an SPF of 30 must be applied 15 minutes prior to casual sun exposure. Prolonged sun exposure requires repeated applications of sun block every 2 hours. Sun block must be reapplied after swimming.
7. If sun exposure is unavoidable, more treatment sessions may be needed to achieve the desired results as lower settings must be used to protect sun-exposed skin.
8. Recent sun exposure that causes tanning may result in cancellation of the treatment in order to avoid complications.
9. If you have any questions or concerns, please contact us without hesitation.

During office hours call 501-224-3223 or after hours call 501-831-3731.