



## Micro Laser Peel™ Post Treatment Instructions

### Post Treatment Response

Patient response can vary. Generally, the more healthy your skin the less redness you will have from treatment, and the faster the healing response. The desired response is erythema (redness) and possible light edema (swelling) within a few minutes of laser application. The redness and swelling (often similar in appearance to sunburn) will increase with the depth of your peel.

You should notice redness, swelling, and a sunburn sensation in your treatment area for up to 24 hours after treatment. You may choose to sleep sitting upright the first night after the procedure to avoid swelling of facial tissues. You may peel or flake as a result of the treatment. Peeling or flaking usually occurs after 24 -48 hours. Complete healing should occur in an average of 5 – 10 days, depending on the depth of the treatment.

### Post Treatment Care

1. Post treatment discomfort may be relieved by over the counter pain relievers.
2. It is important for the treated area to remain soft and pliable during healing with the use of a topical occlusive on the treated area (Aquaphor, Vaseline, etc). Do not allow the treated area to dry. Cleanse face with a mild cleanser such as Cetaphil.
3. Avoid sun exposure or tanning lights. After healing, always use a SPF-30 sunscreen whenever you go outside.
4. If needed, a cold compress can be used after treatment to provide comfort. Apply for about 10 minutes at a time and repeat every few hours if discomfort persists. Shower with cool water on the treatment area.
5. Do not pick at or scrub the treated area. To do so could result in scarring and infection. Peeling or flaking should be allowed to come off naturally within 24 - 48 hours.

**You will have a follow up visit 7 - 14 days after your peel. If you have any fever, signs of an infection or other concerns or questions, call the office at 501-224-3223 during office hours or 501-831-3731 after hours.**

Additional Instructions: \_\_\_\_\_  
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